

26 April 2024

Dear Parents/Carers

SATs Week: Monday 13 May – Thursday 16 May

SATs week is fast approaching and we would like to give you a few hints and tips as to how you can prepare and help your child during SATs week.

- Ensure your child is in school all week. If they are feeling unwell, still bring them in and we can advise you what we will do.
- Make sure they get an early night so they are well rested. Consider some time away from screens and devices.
- Practise Maths and English using the SATs Boot Camp website, CGP revisions books and the revision guides (if purchased).
- Ensure your child has a good breakfast and a drink each morning.
- If possible, please stop any before and after school activities during SATs week, which may make your child feel tired.
- Provide them with a small bottle of water to drink during the day.
- If pupils have long hair, consider providing something to tie it up or keep it out of their eyes during tests.
- All Year 6 pupils are invited into the school hall from **8am on test days** (Monday - Thursday) to have some light refreshments together, free of charge, and to relax before their SATs tests. We will provide some fruit, toast and a drink.
- Keep them nice and calm. Talk to them about their experience. Young Minds has a series of support pages aimed to help with exam stress and anxiety. Their advice is available to help school staff, parents and carers and, of course, young people themselves. You can find this helpful advice at the links below:

[Young Minds for Parents/Carers](#)

[Young Minds for Young People](#)

Timetable for the week

Monday 13 May	English grammar, punctuation and spelling Paper 1: Questions English grammar, punctuation and spelling Paper 2: Spelling
Tuesday 14 May	English reading
Wednesday 15 may	Mathematics Paper 1: Arithmetic Mathematics Paper 2: Reasoning
Thursday 16 May	Mathematics Paper 3: Reasoning

Please speak to a member of the Year 6 team if you need any further information.

Thank you for your continued support.

Yours sincerely
Year 6 Team

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